# The QC Oil Blend



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## Achieving Quantum Coherence

The QC Oil Blend is a premier essential oil blend for external use. It is comprised of 4 premier quality essential oils complexed with Indian castor oil. According to Ayurveda, the aromatic properties of plants can help bring balance to a person's prakriti - the constitution of one's body, mind and spirit. QC Oil Blend is a tridosha oil. It is a perfect oil blend that can be used for all 3 doshas: Vata, Pitta and Kapha. Together the goal is to adapt the body's state of being in a continuously moving dynamic balance.





## Identity • Purity • Strength • Composition

There is no official or standardized definition of purity for essential oils. Even an oil that is 100% pure may not have been processed correctly and may not provide more than a mild, pleasant fragrance. The nutrient content of essential oils as well as their phytochemical properties can vary dramatically, depending on harvesting and production methods. We have found many plants that are poorly grown cannot offer the full spectrum of benefits typically cited in the scientific literature that we are looking for.

Drying the plant material under high heat for long periods of time can affect both strength and composition of the critical phytonutrient compounds. The amount of effective chemical constituents in essential oils can vary from season to season, from year to year, or vary based on where the plant is grown. The dried flowers and leaves of the wild plant should be harvested when the oil content of the plant is at its highest. Every essential oil requires a large amount of plant matter to produce even a small amount of oil.

Before the preparation of our essential oil blend begins, we first authenticate the botanical identity of the plant species to exclude raw materials that may have been adulterated with the wrong plant species or other look-alike herbs.

Next, we complete an in-depth phytoforensic screening where we inspect for undesirable inorganic materials such as herbicides and pesticides. Our PRL quality guarantee ensures that our oils meets FDA requirements for identity, purity, strength, composition while testing for contaminates such as heavy metals (including arsenic, mercury, cadmium and lead), residual solvents in extracts and pathogenic microbiology. The raw materials in our product have not been solvent extracted or heat damaged.

According to Ayurveda, there are three *doshas* that are defined as specific biological energies that circulate in the human body and mind. The nature of the doshas is that they govern all internal processes and provide every living being with an individual blueprint for health and mental well-being. The qualities of the

doshas are derived from the Ayurvedic concept of the Five Elements and their related bioenergetic properties. Thus, the key elements that characterize *Vata* are Space and Air; for *Pitta* it is Fire and Water, and for *Kapha*, it is Earth and Water.



## QUANTUM CONCEPTS (QC) CARD DECK With the use of QC Oil Blend

Home Procedure (For client to use at home) (No QRA<sup>SM</sup> Testing) Sequence: Vial, Breathe, Concept, Breathe, Vial

- 1. Shuffle the deck and pick a card.
- 2. <u>Vial</u>: Use the QCI vial on the top of your head (GV-20) for 20 seconds
- 3. QC Oil: Apply a drop of the QC Oil Blend to the Pituitary Point (between the eyes). Smell the aroma of the oil on your hand, and then take 2 deep breaths through the nose to help reset the limbic system.
- 4. <u>Concept</u>: State the concept on the card out loud 3 times with conviction.
- 5. <u>Breath</u>: Cup your nose with your hands and breathe in a few more times (to breathe in more of the aroma of the essential oil).
- 6. <u>Vial</u>: Use the QCI vial on the top of your head (GV-20) for 20 seconds.
- Request: Do this procedure (Steps # 1-6) 3 times a day for 21 days.

### IN OFFICE PROCEDURES

### (For QRA<sup>SM</sup> practitioners)

If you feel that an emotional concept is blocking your client's clinical progress, then you may do an Emotional Repolarization Technique (ERT) session with them. To more firmly anchor a new ERT concept into your client's subconscious mind, you may incorporate the use of the QCI Vial and the QC Oil Blend with the client's target concept (declaration). This allows you to focus on a macro-concept to have great success. You are nourishing the emotional root of the imbalance in order to help clear it.

#### 1. Identify a target concept.

- a. Test your client's field in the clear to get a baseline.
- b. Ask your client to select a card randomly from the deck.
- Place the QCI vial on top of your client's head (GV-20) for 20 seconds.
- d. Ask your client to state the concept out loud (say it 3 times) with conviction. Example: test your client for this concept: "I am fully committed to do what it takes to get well."
- e. If the concept turns off any head Command Center (CC) Points or 2 or more of the CC Points total, this is a key concept that the client will need to address for the next 21 days (often times, the practitioner will find the client's CC Points that were testing off on a presentation are the same CC Points.)
- f. If the concept does not turn off any head CC Points or 2 or more of the CC Points total, then that concept tests okay. Select a different concept.
- 2. 21-Day Procedure at home (QCI Vial, QC Oil, Concept, Breathe, Vial)
  - a. QC Vial: First, use the QCI vial on top of your head at GV-20.
  - b. QC Oil: Apply a drop of the QC Oil Blend to the Pituitary Point, then rub excess into palms, cup palms over nose and take 2 deep breaths through the nose to address the limbic system.
  - c. <u>Concept</u>: Please state the concept on the card out loud 3 times with conviction.
  - d. <u>Breath</u>: Cup your hand and take two deep breaths in through the nose.
  - e. <u>Vial</u>: Use the QCI vial on the top of your head (GV-20) for 20 seconds.
- 3. In Office: Retest CC Points to ensure all CC Points now test on.





## INTERFERENCE FIELD PROCEDURES Using the QC Oil Blend

- 1. Test all 8 DownLoad Points. Ensure that all 8 DownLoad points (DLs) test ON. If all 8 DownLoad Points do NOT test on:
  - a. \*Apply a few drops of the QC Oil Blend to the DLs and re-test.
  - b. If the DL still does not then test on:
    - i. Proceed with other methods to turn on DLs:
      - 1. Go outside and place bare feet on grass for 5 minutes.
      - 2. Use the Earthwrappe™ for 15 minutes over Kidney Points.
      - 3. Use a mudpack using i-pack procedure.
    - ii. Take three deep breaths through the nose.
    - iii. \*After a DL tests on, apply a few drops of the QC Oil Blend on the DL point itself.
- 2. Identify an Interference Field (IF) that tests off to the "pinkie" finger (all 4 frequencies).
  - a. Proceed with i-pack procedure using Medi-Body Pack  $\!\!^\circ$  at the primary IF only.
  - b. \*Use a few drops of the QC Oil Blend at a corresponding site and all DLs, CCs (where applicable) and sister sites.
  - c. Take three deep breaths through the nose.
  - d. \*After IF tests on, apply a few drops of the QC Oil Blend over IF.

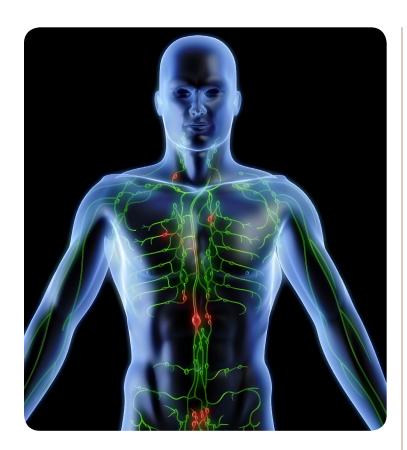
### 3. Coincident Interference Field (CIFs).

- a. Proceed with i-pack procedure using Medi-Body Pack  $^{\!\circ}$  at the primary IF only.
- b. Use a few drops of the QC Oil Blend on CIFs.
- c. Take three deep breaths through the nose.
- d. \*After IF tests on, apply a few drops of the QC Oil Blend over the IF.

#### 4. Lymphatic-Chi Procedure.

a. Use a few drops of the QC Oil Blend as the universal application for all clients.

\*Apply several drops of the QC Oil Blend to a piece of organic cotton flannel (a paper towel is also acceptable). Use the oil on a DL or an IF. Briskly massage the oil blend with cotton flannel into the DL or IF for 10 seconds. Then wipe away as much of the oil on the skin as possible.



## INTERFERENCE FIELD PROCEDURES Using the QC Oil Blend

### Lymphatic-Chi Procedure

The lymphatic system is addressed on the first client visit because of its importance in nutrient delivery and waste removal for the entire body. There is as much volume of lymph as blood in the body. The main difference between the two is that the blood has a pump and the lymph system does not. The lymph must rely on the physical activity of the individual to maintain its constant circulation. When living in a sedentary culture, many people have stagnant lymphatic systems due to inactivity alone.

In addition, the lymphatic system is responsible for drainage and clearance of toxins of the immune system. The stagnation of the lymphatic system is one of the major causes of ongoing health concerns.

When the lymphatic system becomes stagnant, it often burdens other eliminatory systems and theorized energetic meridian pathways, specifically the Kidney control points and Download Points. When Interference Fields and Download Points are consistently unable to maintain their lock, a practitioner may want to consider the status of the Lymphatic-Chi of that area of the body. Establishing the integrity of the Lymphatic-Chi is one of the most important practices in restoring complete coherence to an Interference Field.

## TESTING FOR LYMPHATIC-CHI and The Appropriate Essential Oil

- 1. Before testing, the client must be unencoded.
- 2. The practitioner will stress the chi energy of the lymphatics between two joints of a limb by brushing the skin in a sweeping motion toward its Download Point. Within 4 seconds, using QRASM testing, the practitioner must test the Download Point with the tip of the little finger (5th digit). If it tests off, the practitioner can conclude the Lymphatic-Chi in this area is "off" and needs to be addressed.
- 3. If it tests off, the practitioner may test an essential oil at that Download Point by simply bringing in an essential oil of choice into the biofield to test. Again, the practitioner will stress the Lymphatic-Chi and then retest at the Download Point with the selected oil in the field. The practitioner will continue with this testing until the practitioner finds the oil that turns the Download "on" upon stressing.
- 4. The practitioner should apply a few drops of the selected QC Oil Blend on the skin using a firm sweeping motion from the joint area to the Download Area.

## QC OIL APPLICATION

Apply several drops of the QC Oil Blend to a piece of organic cotton flannel. Apply to the target area between two joints or between a joint and a Download point. Rub the oil thoroughly into the point for 20 seconds. Then wipe away as much of the oil on the skin as possible. Repeat once per day until the target area tests on when stressed.

\*When clearing stagnant Lymphatic-Chi, a practitioner should always clear from the "hands and feet" first, then move towards working on the torso.

